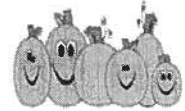




Plymouth-Shiloh Meal Menu

*October 2020



Monday	Tuesday	Wednesday	Thursday	Friday
	Lunch Prices: PreK-4 th Grades \$2.90 5 th -12 th Grades- \$3.00 Reduced Lunch \$0.40 Adults \$3.75 Milk \$0.50		*October 1 1. Bosco Sticks/Sauce 2. Pizza Mixed Vegetables Pears <i>Mini French Toast</i>	*October 2 1. Soft Taco 2. Pizza Refried Beans/Salsa Pineapple <i>Fruit Frudel</i>
*October 5 1. Shrimp Poppers/Cheese 2. Pizza Bean Salad Applesauce <i>Mini Cinnis</i>	*October 6 1. Chicken Patty/Bun 2. Pizza Broccoli Warm Sliced Apples <i>Breakfast Round</i>	*October 7 1. Cheeseburger/Bun 2. Pizza Sweet Potatoes Peaches <i>Sausage Biscuit</i>	*October 8 1. Popcorn Chicken/Bread 2. Pizza Potato Fries Mixed Fruit <i>Mini Pancakes</i>	*October 9 1. Lasagna/Bread Stick 2. Pizza Lettuce Salad Pineapple <i>Doughnut Holes</i>
*October 12 1. Beef & Cheese Nachos 2. Pizza Green Beans Pears <i>Pop Tarts</i>	*October 13 1. Baked Potato/Toppings 2. Pizza Baked Beans Pineapple <i>Cereal Bar</i>	*October 14 1. Chinese Chicken/Rice 2. Pizza Broccoli Mandarin Oranges <i>Cinnamon Granola Bar</i>	*October 15 1. Macaroni & Cheese 2. Pizza Carrots Peaches <i>Cinnamon Rolls</i>	*October 16 1. Chili Cheese Fries/Bread 2. Pizza Peas Applesauce <i>Mini Powdered Sugar Donuts</i>
*October 19 1. Bacon Cheeseburger/Bun 2. Pizza Calico Beans Peaches <i>Muffin & Cheese</i>	*October 20 1. Salisbury Steak 2. Pizza Green Beans Mashed Potatoes Mixed Fruit <i>Mini Chocolate Donuts</i>	*October 21 1. Toasted Cheese 2. Pizza Tomato Soup/Carrots Pears <i>Minni Cinnis</i>	*October 22 1. Pizza Bobzz 2. Pizza Peas Applesauce <i>Mini French Toast</i>	*October 23 1. Shredded Chicken/Bun 2. Pizza Broccoli Pineapple <i>Fruit Frudel</i>
*October 26 1. Chicken Patty/Bun 2. Pizza Sweet Potatoes Mixed Fruit <i>Mini Pancakes</i>	*October 27 1. Cheeseburger/Bun 2. Pizza Potato Fries Peaches <i>Scrambled Eggs/Biscuit</i>	*October 28 1. Popcorn Chicken/Bread 2. Pizza Baked Beans Warm Sliced Apples <i>Breakfast Round</i>	*October 29 1. Spaghetti/Bread Stick 2. Pizza Mixed Vegetables Strawberries <i>Doughnut Holes</i>	*October 30 1. Taco Salad/Roll 2. Pizza Broccoli Pears <i>Cereal Bar</i>

USDA is an equal opportunity provider.

Offer vs. Serve All meals are priced as a unit. However, a student can refuse up to two items at lunch and one at breakfast but the unit price remains the same.

At breakfast, students have a choice of cereal or the listed entree shown at the bottom of each day's lunch menu.

Milk, juice, and/or fruit are served daily to complete the breakfast.

Breakfast and Lunch

are free to all students until
 December 31, 2020
 OR the USDA may end it at any
 time due to lack of funding

Any available "extras" may be purchased
 at a la carte prices.



**Menus subject to
 change upon
 availability**